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DENTAL HEALTH MONTHLY

Letter from FDI President



Dr Gerhard K. Seeberger

Oral health professionals have an important role to play in demanding stronger healthcare systems and more investment in the workforce to improve global health outcomes.

Join me to Stand Up for Positive Practice Environments today. I'm also excited to announce

the recent release of a new FDI digital assessment tool to accurately score a patient's level of periodontal disease. Finally, please join me in remembering a dear departed colleague, Prof. Roy Duckworth CBE.

The World Health Professions Alliance launches the Stand Up for Positive Practice Environments Campaign

The Covid-19 pandemic has put unprecedented stress on health systems globally and has increased the need for productive,

supported health professionals and other healthcare workers. Even before the Covid-19 crisis, the World Health Organization and the World Bank estimated a shortage of 18 million healthcare workers by 2030, leading to poorer health outcomes and diminished



Continued on page 14



Prof Khubaib Elected as PIMA President

Prof Khubaib Shahid has been elected as the President of Pakistan Islamic Medical Association (PIMA) for the session 2020-22. Dental Health extends him congratulations and best wishes.



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PMC's Clarifications for Foreign Medical Graduates



The Pakistan Medical Commission (PMC) has announced a clarification for foreign medical graduates regarding the issuance of their licenses. "A person, having obtained an undergraduate medical or dental qualification issued by a university in Pakistan or an undergraduate medical or dental qualification issued by a foreign institution duly recognised by the commission shall be granted a provisional

license to undertake his house job within fourteen days of verification of their qualification by the granting institution," the PMC said in a statement.

The PMC said that a person who has been granted a provisional license should complete the mandatory requirement of passing the National Licensing Exam (NLE) at any time before the issuance of a full license. It said: "If they (foreign medical students) complete their house job, their provisional license will expire

and they will be required to take the NLE to obtain a Full License. "The Good Standing Certificate has nothing to do with NLE. It will only be issued if they have a valid license issued by the commission to practice medicine in Pakistan.

"The only exemption from NLE is under Section 20(3), wherein it allows a full license to be issued to a practitioner who is licensed to practice in a foreign country and has acquired a recognized post-graduate qualification."

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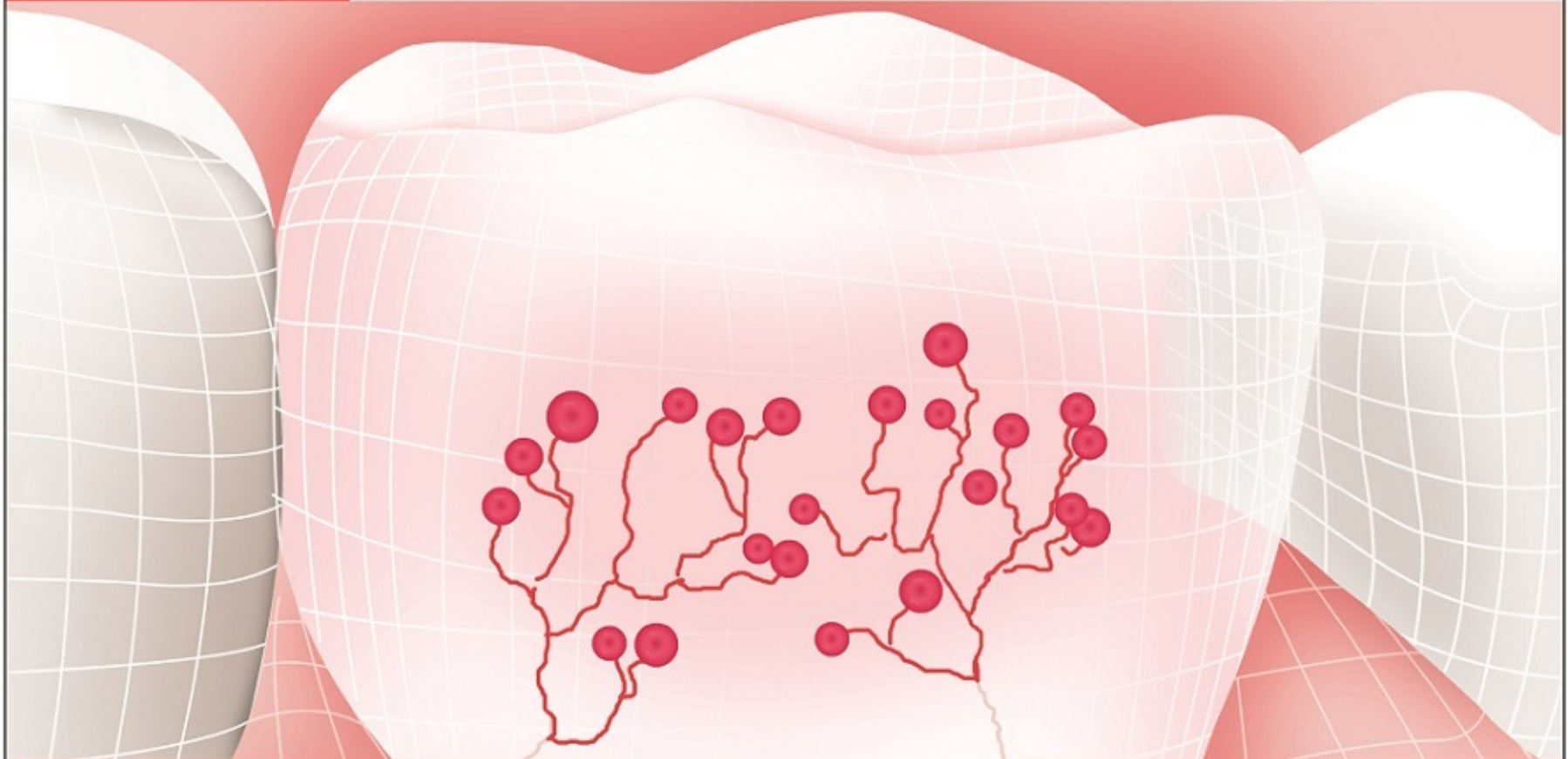
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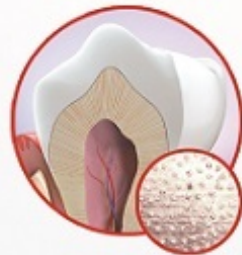
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AMDC Forms Ethical Review Committee 'CIRS'



Center of International Research Sciences (CIRS) was established on August 14th, 2020. CIRS is an independent, non-profit, and ethical review committee affiliated by Ameen medical & dental center that provides ethical reviews of all types of human subjects research.

***Core committee members**
*** Chair-Dr. Nabeel Baig**
*** Vice Chair-Miss. Khadijah Abid Khan**
*** Director of evidence to action-Dr. Yashfika A. Bari**
*** Director of safety and protection-Miss Maryam Younus**
*** Administrative Officer-Dr. Bisma Anwar**

***External members**
*** Prof. Muhammad Khalil Khan**



*** Dr. Rubab Farooqui**
*** Dr. Ruqaiyah Hashmi**
*** Dr. Asma Ali**
 CIRS prior work in order to accomplish five objectives:
 1) To promote a quality research program
 2) To give guidelines to researchers.
 3) To demonstrate independent researchers with the latest literature to get approval from the Ethical Review Committee (ERC).
 4) To welcome independent researchers who are enthusiastic and eager to provide a revolution in the healthcare system.
 5) The center welcomes and appreciates all the research proposals delivering a recent change, provide innovation, developing new strategies, devising health policies, and undertaking any clinical trials.



The members with their immense experience and devotion in the recognized field will enlighten the young and independent researchers. The broad range of research expertise of the members will ensure research is thoroughly reviewed for ethical research conduct.

CIRS first official meeting was held on 7th October 2020, chaired by Dr. Nabeel Nacem Baig and co-chaired by Miss Khadijah Abid and attended by Dr. Yashfika Abdul Bari, Miss Maryam Younus, Dr. Bisma Anwar, Dr. Rubab Farooqui and Dr. Ruqaiyah Hashmi at AMDC.

CIRS-ERC will accept applications from all around the globe and review them according to international guidelines.

Certificate Course in Esthetics Dentistry



A certificate course in Esthetics Dentistry was conducted by Continuous Professional Development (CPD) at Karachi Institute of Physiotherapy and Rehabilitation Sciences (KIPRS). It was a two-day workshop. Day-1 was based on lecture series and day-2 was purely for hands-on training held at Mustafa Dental Hospital. Dr. Abu Bakar Sheikh and Dr. Sameer Qureshi were the keynote speakers and trainers. They delivered lectures and gave demonstrations of Veneer, PFM and Zirconia preparations. Dr. Momina Abbasi, Co-founder and Course Designer of Continuous Professional Development put so much efforts to make it a big hit.

Condolence Message

With deep sorrow and profound grief, we inform you about the unfortunate death of one of our dear Associate Professor **Dr Sultan Zeb Khan**, Associate Dean of Research Khyber College of Dentistry. He lost his fight against Covid-19.

A sincere friend and a dutiful colleague. He was not only blessed with a very pleasing personality, he was a talented all-rounder researcher. He was full of warmth and love, and always full of energy.

We pray that his soul rests in peace, and all bereaved around him be given the strength and courage to bear this huge loss.



SHCC Mandated to Regulate Quality of Healthcare Services



The Sindh Health Care Commission (SHCC) established under the Sindh Health Care Commission Act, 2013, has been mandated to improve and regulate the quality of healthcare services and ban quackery in the province of Sindh in all its forms and manifestation.

In a handout, it notified to all healthcare establishments (HCEs) that compliance to the Sindh Injured Persons Compulsory Medical Treatment (Amal Umer Act-2019) is compulsory for all HCEs, especially the Clause 3(1)(2)(3).

In case if SHCC receives complaint of aggrieved person against any healthcare establishment strict action will be taken against such HCE, it said.

The Amal Umer Act-2013 can be accessed at <http://shcc.org.pk/page.aspx/about-us/shcc-act>.

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Congratulations!

Dr. Shafaq Saeed Roghay has recently cleared her M.Phil degree in the subject of Oral Biology from Ziauddin College of Dentistry, Ziauddin University.

She is the first M.Phil candidate of Dr. Afifa Razi (Head of Department Oral Medicine & Diagnosis).



Dr Arshad Malik Elected as VP ICD

Dr Arshad Malik has been elected as Vice President of International College of Dentists (ICD) Section XV. In a message, he said: "My thanks to President, Executive Council members and Fellows for their trust upon me for electing me as first Pakistani to be Vice President of the prestigious ICD institute."



Children's survival and wellbeing depends on dedicated health workers being able to work safely in the community day after day. That's why the first doses of Covid-19 vaccines should be prioritized for nurses, doctors and other essential workers. Our health depends on their health.



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DentoScope Institute of Advanced Dentistry is a renowned Brand in Pakistan due to its well organized and clinically oriented courses in different disciplines of Dentistry. Located in Phase VII, Bahria Town Rawalpindi, DentoScope is a fully equipped Simulation Centre where participants from all corners of the country come to learn new skills under supervision of renowned Mentors in the field. Currently, offering 6 Months Courses in Dental Implantology, Advanced Dentistry and Endodontics & Esthetic Dentistry. Under the visionary leadership of Founder & CEO DentoScope Dr. Rashid Hassan, Team DentoScope is working on new projects to take DentoScope to a whole new level. Recently Media Wing has launched DentoScope Official YouTube Channel "DENTOSCOPE STUDIO" which is appreciated and supported worldwide due to its content for young dentists.

Dentoscope successfully conducted the 1st Month Training Sessions of its 4th Batch of 3 Months ADVANCED PROSTHODONTICS Course on 24th & 25th October, 2020. The sessions were facilitated by a seasoned Prosthodontist, Associate Professor Dr. Naveed Inayat (Course Director). The training focused on Tooth Preparation for Anterior & Posterior All ceramic crowns. After the inaugural speech by CEO DentoScope, Dr. Rashid Hassan, Dr. Naveed Inayat delivered the lecture on guidelines for Tooth Preparation.

After Lunch & Prayer break, Dr. Naveed Inayat demonstrated all the steps and then all the delegates performed all the steps of Anterior & Posterior Crown Prep under supervision. The course has 75% Hands On Training Content which makes it one of the Top Training Programs across Pakistan. The course is awarded 36 CME Credit Hours by University of Health Sciences Lahore.

Team DentoScope organized the sessions under supervision of Founder & CEO DentoScope Dr. Rashid Hassan. Dental Health, Official Media Partner of DentoScope covered the event.



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Conference and Hands-on Workshop On Latest Manual and Rotary Endodontics



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By Habiba Asim

“Words are worthless unless put into action!” that was what Dr Sufyan Subhan, a young, dynamic graduate of Batch-15 from Liaquat College of Medicine and Dentistry, believed when he first started HealthCure to take dentistry to a new level.

Coming from a dental background, he understood the lack of opportunities for young graduates, saturation in the job sector and unavailability of medical and dental treatments to the underprivileged. HealthCure and its team were highly concerned about the lack of medical and dental awareness, hence organized multiple free medical and dental camps in the underprivileged areas even during the pandemic (May 2020- September 2020). Because we believe that if people cannot come to the dentists, we will take the dental clinics to them!

Shouldering the responsibility to serve humanity, HealthCure managed to arrange a conference and a hands-on workshop on the latest manual and rotary endodontics for undergraduates, providing a platform where they can gain knowledge and learn new skills. The event was organized by Dr Sufyan Subhan and Dr Alia Naeem on 25th of October, 2020 at Ramada Plaza, Karachi with the help of BioDent as their instrument partner, Dental Health as their media partner, Le’Cole de Studio as a supporting partner and Liaquat College of Medicine and Dentistry (LCMD) as their caring sponsor. The conference consisted of a series of lectures before the hands-on workshop, so endodontic related knowledge was refreshed in the young minds. HealthCure is forever grateful to Professor Dr Syed Abrar Ali (HOD of Operative Dentistry at Hamdard University and Hospital), Dr Haroon Sheikh (Ass. Prof at LNH) and Dr Jamshed (Ass.Prof at ADC) for according the event with the plethora of their knowledge and imparting wisdom on the young graduates.

The event started with the name of Allah, and every lecturer delivered information on their particular topics. After the lectures, lunch break was conducted so that the participants could get refreshed before moving on with the workshop. Dr Syed Abrar Ali and Dr Haroon Sheikh gave a demonstration in groups to the participants teaching them every step and making them learn the instruments. After the demonstration, each individual was provided with an endodontic kit to perform the procedure on their own.

The happiness and excitement on the faces of our participants after learning about the latest manual and rotary endodontics made the workshop a huge success. At the end of the event mementoes were distributed to the lecturers and certificates were given to the host, volunteers and participants. HealthCure is grateful for every single person who attended its first-ever event by trusting them and made it a huge success. Hence, we are not going to stop here. There are multiple workshops planned for the upcoming year. I am hoping to see you there!





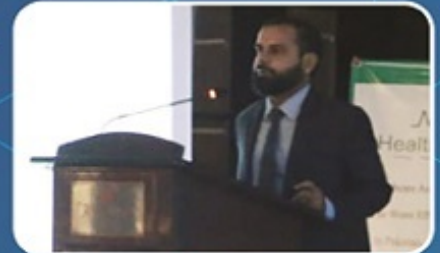
Conference and Hands-on Workshop On Latest Manual and Rotary Endodontics



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Packing: Syringe 5g + 5 Tips



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Light Curing Nano Hybrid Composite

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Packing 2: 4*4gram 15 ml liq



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Mixing pad



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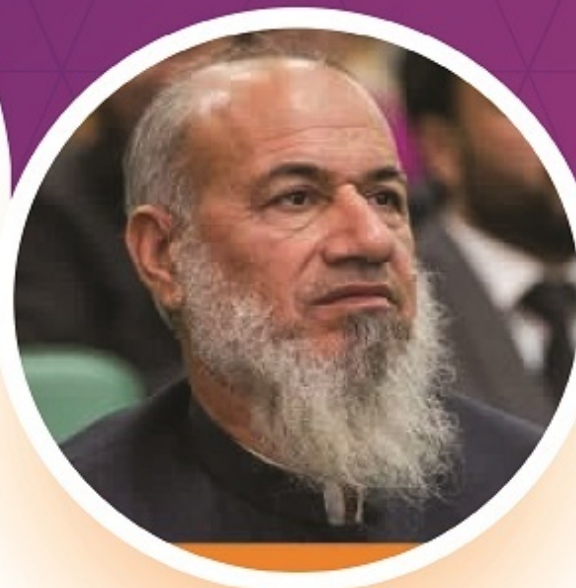
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'Oral Health Needs Prime Hygienic Attention'

AN INTERVIEW WITH

Col (retd) Hameed Ullah Jan

Prof of Orthodontics;
BDS, Dip.Orth, MCPS, FCPS (Pak), OJT (USA).
Experience: 30 years (1990-2020).
Practice: "Hameed Ullah Jan's Smile Orthodontics,
Dental Professionals and Research Centre",
University Road, Peshawar & Civic Centre, Bahria
Town, Rawalpindi/Islamabad.



Q) Do you agree that Dentistry has changed in last 10 years?

A) Yes, exponentially.

Q) Was Dentistry your choice or was any other reason?

A) Not honestly.

Q) What was the family and friends response at that time?

A) Not very well.

Q) What is your family background and environment you grew up?

A) Totally agriculture oriented as having own agriculture land.

Q) What are your strengths and weaknesses?

A) Alhamdulillah, Allah SWT has granted me a lot with full strength and potentials, enjoys a lot in encountering challenges and tests all the hidden traits in chiseling & tackling with the unsurmountable professional and non-professional tasks and hurdles.

Q) What would you say is your dental philosophy?

A) I would like for all what I like for myself and my closest of kin. I have to trust, respect and treat my colleagues, staff and patients with dignity, full professional care and within all the ethical and moral limits.

Q) How is your experience with Straumann Group?

A) Optimal.

Q) Which country you like most to visit and give your presentation?

A) My old school Indiana University School of Dentistry, IUSD, Indianapolis Indiana, USA.

Q) What do you think you can contribute to the dentistry profession?

A) I, Alhamdulillah, in my humble capacity have contributed a lot to Pak Army and still proactively committed to deliver my full professional services to the more challenging orthodontic cases reporting from across the country as well as abroad.

Q) What's the most challenging aspect about your work?

A) The sole proponent & champion of non-extraction orthodontics in Pakistan. It always boosts me up.

Q) What about the new innovation in Dentistry?

A) It's a must. One must keep well abreast with the current dental innovations so as to deliver best to humanity at par excellence and in congruence with the international standards.

Q) What is your remarkable Implant Case which you like to share?

A) In my understanding all cases will prove remarkable provided they stay sound, compatible to the surrounding biological structures and fulfill all the economical, functional and aesthetic demands of the patient.

Q) Do you a good reader? Finding new things & technology in Dentistry?

A) Yes, Alhamdulillah and have a strong zeal to gain more and more professional skills and dexterity, reinforced with sound & concrete knowledge so as to deliver best to the mankind.

Q) When did you establish your clinic and what are your efforts for meeting up modern era?

A) Since 1990 till 2013, I remained committed solely to my orthodontic practice in Pak Army.

After retirement I joined as the pioneer Principal of KMU institute of Dental Sciences. Later with the overwhelming response and rise in the influx of my orthodontic patients, I solely restricted my time to my clinical practice established both at Peshawar and Bahria Town Rawalpindi, named "Hameed Ullah Jan's Smile Orthodontics, Dental Professionals and Research Centre".

Q) Do dentists make too much money?

A) It's not the money at all, money like shadow will follow, provided you comfort the paining patient apart from restoring his functionally balanced occlusion, aesthetics in particularly making the wide radiant smiles, enabling him fully confident and psychosocially adjusted in the society.

Q) Have you ever thought of any social work?

A) In my humble capacity have made all possible pragmatic efforts purely on missionary & humanitarian grounds both at schools, colleges, universities and public gathering levels, both at country & United Nations level in African countries.

Q) Are you happy with the new generation taking up this profession?

A) Yes, they seem very dynamic, have easy access to knowledge and learning professional skills. Too much enthusiastic in theoretical knowledge but less time allocated to practice & apply it on the patients within the bounds set by professional ethics.

Q) Does anyone followed your footsteps /Why?

A) Yes, Alhamdulillah my six immediate family members, all from dental profession are religiously pursuing my great profession. One of my son, Dr Umar Hameed now Capt ADC in Pak Army being then selected in a well reputed medical college declined to join and did opt for a dental college wherein he, Maa Shaa Allah, topped his final BDS examination.

Q) Are you satisfied with the dental practices in all over the world?

A) I am more than satisfied with the professional dental practice but never with its malpractice.

Q) What is your biggest achievement so far?

A) Nothing special but just for the juniors so as to work hard and get some more stimulus to rise: I started early schooling, at my native village Lakki Pahar Khel, sitting on the jute mat, the "Taat", using the light of a candle "Deewah", consistent and determined, finally becoming the Pakistan's first ever regular FCPS-orthodontic resident of Dr Arif R. Alvi, the Honorable President of Pakistan, The first FCPS in Pak Army, Navy, Air Force, KPK and finally landing in USA and becoming a humble but proud student of Charles J. Burstone, the great father of orthodontic world.

Q) Do you think dental market has become competitive?

A) Yes too much.

Q) What's your favorite color?

A) I never believe in color at all but fully acknowledge with thanks all the innumerable blessings bestowed upon all of us by All-Merciful Allah SWT.

Q) Any message for the people about oral health?

A) The main gateway, the hub and den of millions of microorganisms sparing none of the organs of the body, be it local, regional or remote, hence needs prime hygienic attention both scientifically as well as the beautiful daily five times miswaking practice of our lovely Prophet Muhammad SAW.

Q) Who is your favorite teacher?

A) One who is professionally sincere, sound & fears Allah SWT

Q) What are your goals as they relate to Dentistry?

A): 1. Motivate dental professionals that they are at par rather ahead of medical professionals.

2. Bridge the gap between the dental and medical disciplines by actively interacting and participating in their CPCs

3. Be the first in launching outreach programs for the remote as well as outskirts of the major towns and metropolitan cities.

4. Fully engage and devote yourself to the practice of your sacred profession, be within the easy reach of even the poorest people, this will eradicate and uproot the menace of quackery which has plagued our country since its inception.

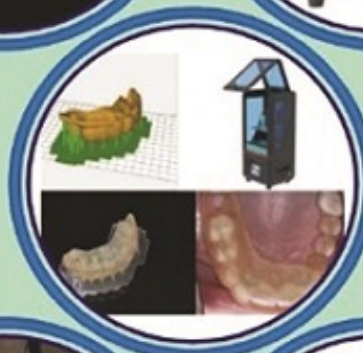
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Dental Solutions' Workshop on Implant Dentistry

A workshop on dental implant placement with the name "Basics of implant placement and prosthodontic management" was held at Dental Solutions Clifton -- Center for Dental Education on Sep 11. The workshop was about basic implant placement skills and its impression making and placement of prosthetic component. The surgical component of the workshop was covered by Dr. Abdullah Salman, Assistant Professor, Baqai Dental College and prosthodontic component was covered by Dr. Naseer Ahmed, Assoc. Professor, Altamash Institute of Dental Medicine. Students from different colleges of Karachi attended the session. The session started with the recitation of Holy Quran, after that MD of Dental Solutions Clifton, Dr. Adil Bin Irfan, welcomed the participants and speakers and he highlighted the importance of continuing dental education. He said that fresh graduates and upcoming dentists should keep themselves updated regarding dentistry and they should attend such workshops. After that Dr. Abdullah Salman started his lecture and gave brief introduction of implant dentistry. He described surgical aspect of implant placement to the audience and explained each and every step in detail. Implant placement lecture of Dr. Abdullah was followed by prosthetic component lecture of Dr. Naseer Ahmed. Dr. Naseer described different types of crowns and impression techniques for dental implants.



Their lectures were followed by question and answer session. After that, Dr. Abdullah and Dr. Naseer demonstrated the participants how to place the dental implant and how to take its impression. The session also contained hands-on component in which participants placed dental implants on goat head under supervision. Individual attention was given to every participant and more emphasis was given to handling techniques of the participants. After the exercise, CEO Dental Solutions Clifton, Dr. Umer Bin Irfan thanked the participants, speakers and Mr. Zeeshan from Neobiotech and said that DSC- Center for Dental Education had a vision and mission to provide knowledge to under graduates and fresh graduates on areas which were neglected in the past. He also told that DSC- Center for Dental Education was willing to conduct more workshops in the coming future. In the end, certificates were distributed to the participants and shields were presented to Dr. Naseer Ahmed and Dr. Abdullah Salman by Dr. Umer Bin Irfan and Dr. Adil Bin Irfan.



FAREWELL



PROF. DR MUSHTAQ AHMED,
HEAD OF DEPARTMENT OF
PERIODONTOLOGY,
BAHRIA UNIVERSITY
MEDICAL AND DENTAL
COLLEGE

Dr Mushtaq Ahmed, Head of Department of Periodontology, Bahria University Medical and Dental College, retired from Bahria University Medical and Dental College after his years of efforts and hard work. A farewell

ceremony was held in faculty lounge. The ceremony was attended by Rear Admiral Intiaz Ahmed Hi (M) (Director General BUMDC), Dr. Ambreen Usmani (Dean BUMDC), Dr. Wahab Kadri (Principal Dental College, BUMDC), Dr. Kulsoom F. Rizvi (Vice Principal Dental College, BUMDC) and all HOD's of respective departments. Prof. Dr. Mushtaq was appreciated for his esteemed efforts and his dedication, passion and team work. He was acknowledged with a shield and souvenir for his esteemed services towards the college.

A Comprehensive course on Dental Implantology



Headway Pedodontics ..A seminar on Pediatric Dentistry was organized by CDP- Continuous Professional Development on 31st October 2020 at KIPRS- Karachi Institute of Physiotherapy and Rehabilitation Sciences. It was a lecture series on the major topics of pediatric dentistry and their

clinical correlation. Dr. Asmat Jameel was the Keynote speaker, she shared her vast knowledge and clinical cases with participants. Dr. Momina Abbasi, Co-Founder and Course Designer managed the whole event brilliantly. Dr. Ghulam Mustafa, Founder of Continuous Professional Development presented shields to Dr. Asmat Jameel and Dr. Momina Abbasi.

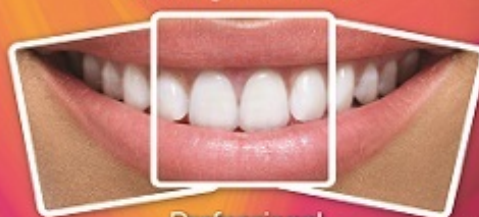


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HANDS ON COURSE ON FACIAL AESTHETICS & JAW BONE AUGEMENTATION CONDUCTED IN LIAQUAT COLLEGE OF MEDICINE & DENTISTRY

(Application of PRP/ PRGF/PRF/Micro needling in dentistry)



Professionalism and focused learning are key features leading to success. Department of Plastic Surgery in association with Maxillofacial department organized a one day hands-on course on facial esthetics and jaw bone augmentation on 28th October 2020 in Karachi, under the umbrella of Liaquat College of Medicine and Dentistry. The workshop was moderated by Prof. Dr. Tahera Ayub and facilitated by Prof. Dr. Navid Rashid Qureshi Principal liaquat college of medicine & dentistry and a new addition to this wonderful team of LCMD Prof. Dr. Ashraf Ganatra, a founding member and ex-president of Pakistan Association of Plastic Surgeons, a renowned clinician well known for his charity work for patients with cleft lip and palate.

Throughout the corridors of 7 years' time i.e. since 2013 LCMD has its credit of arranging such surgical hands-on workshops on quarterly basis each year and is proud to announce that this year we have progressed a step higher from basic surgical skills course to an advanced level. Even in this COVID PANDEMIC Liaquat College of Medicine & Dentistry managed to organize this hands-on course. Since safety comes first, the organizers of this course took stringent measures to follow strict SOP's related to covid 19. Before entering the venue temperature of the participants was checked and masks were made mandatory for everyone and seating arrangement with social distancing was made sure. This course was made unique by blending the oral and maxillofacial as well as plastic surgery skills with a touch of cosmetic medicine & dentistry. This event comprised of two main sessions; lecture session and a hands-on session. There were around 87 participants who attended the first session.

The course was initiated by Prof. Dr. Ashraf Ganatra with detailed introduction on facial esthetics, beauty, normal facial anatomy, and aging, application of PRP and PRF and micro needling. He further emphasized on alopecia, scar repair and aging by the use of PRP. In his highly informative and enlightening lecture he also discussed the PRP preparation system, optimal construction of PRP, effects of anesthetic on PRP quality and composition, interval between injections and relationship between dentistry and facial esthetics. Wrapping up his lecture he also discussed the need of updating knowledge on facial aesthetics among clinicians owing to the current increase in demand by general population, particularly the younger generation, which will lead to overall patient satisfaction and improvement of clinical skills of the practitioners

Further continuing the educational session Prof. Dr. Navid Rashid Qureshi enlightened us on normal anatomy of maxillary sinus, sinus lift procedure, ridge split and expansion technique in relation with implant dentistry followed by case discussions.

After refreshing tea break; hands on session was conducted. 38 participants from different colleges/universities of sindh and balochistan took part in it. A hand on demonstration on patients by Prof. Dr. Ashraf Ganatra was done particularly for alopecia, dark circles and acne scars and was carried out by participants as well. Sticky bone preparation in dentistry, sinus lift procedure, ridge expansion and ridge splitting procedures in relation to implant dentistry were demonstrated by Prof. Dr. Navid Rashid Qureshi on goat head, with complete protocols and SOP's. On every 5 participants there was a constant supervision of facilitators. Following are the names of respected facilitators of this hands-on session; Dr. Naheed Najmi, Dr. Amna Rehman, Prof. Dr. Uzma Zareef, Dr. Zafar Abbas, Dr. Samir, Dr. Tauseef Ahmed and Dr. Sumaira Kanwal. The course ended with 100% positive feedback by all participants with gaining vast knowledge regarding facial aesthetic and jaw bone augmentation and also in the field of implant dentistry. Session was ended on certificate distribution ceremony. We are highly obliged of our management who organized such events for the betterment and flourishing for upcoming dentists.



Continued from page 1

Letter from FDI President



**Beyond the applause:
Demanding supportive workplaces &
conditions for our front line professionals**

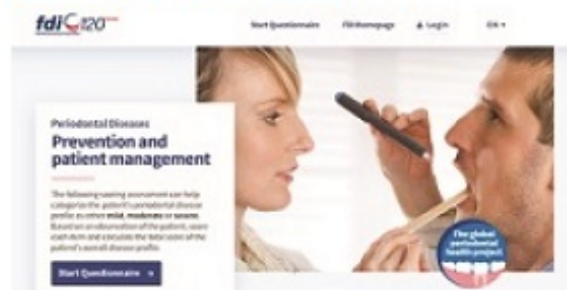


Friday 6th November 2020 at 4pm CET
Register at: <http://tiny.cc/WHPAWebinar>



healthcare worker well-being - deadly serious issues for health and development worldwide. A prevailing reason for this shortage is the poor quality of healthcare work environments that undermine health service delivery and drive health professionals away from their caregiving role, from their workspace, and even from their country. Positive Practice Environments are healthcare settings that support decent working conditions, attract and retain staff, provide quality patient care, strive for excellence and strengthen the healthcare sector as a whole. That's why FDI, as a member of the World Health Professions Alliance (WHPA), is urging health professionals, managers, governments, policy makers, and community leaders to Stand Up for Positive Practice Environments today. During the Covid-19 pandemic, oral health professionals can be proud to have demonstrated an outstanding shared understanding of clinical care and effective teamwork, to be experienced in using PPE, to avoid cross contamination and be able to carry out appropriate disinfection procedures for optimal patient and team safety. However, we can always do more. As a united front of oral health professionals, we demand stronger healthcare systems and more investment in the workforce to improve health outcomes worldwide. Join us on Friday, 6 November at 16h00 CET (Geneva) to discuss what we can do to foster supportive workplaces for all health professionals. I hope to "see" you there. Register here: tiny.cc/WHPAWebinar.

FDI Global Periodontal Health Project Releases NEW Digital Disease Profile Assessment Tool



This new online tool is a disease scoring assessment that can help categorize an individual patient's periodontal disease profile as either mild, moderate or severe. Based on an observation of the patient, oral health professionals score each item in the questionnaire and calculate the total score of the patient's overall disease profile. This assessment tool aligns with the 2018 classification scheme for periodontal and periimplant diseases and the S3 Level Clinical Practice Guideline for the treatment of Stage I-III periodontitis, recently released by the European Federation of Periodontology. I want to congratulate the team on the Global Periodontal Health Project Task Team:

Thanks to your hard work, expertise, and dedication, oral health professionals around the world will be able to keep their



patients in good health and better diagnose, treat, and manage periodontal diseases. I am proud of all of you and your effective engagement for oral health and general health.

Remembering Professor Roy Duckworth CBE, FDI honorary member and former editor of the International Dental Journal Roy died peacefully on 16 September 2020, aged 91. He is survived and missed by his beloved wife Marjorie, sons Michael and Stephen, daughter Anne, nine grandsons, former colleagues at the Royal London Hospital, and friends worldwide. Roy Duckworth qualified in both dentistry and medicine at the University of Liverpool, subsequently gaining several higher qualifications. After service in the RAF Dental

Branch, he moved to London in 1959 as a Nuffield Fellow to work at the Royal Postgraduate Medical School and Guy's Hospital Dental School. He joined the staff of the London (now Royal London), Whitechapel in 1961 and remained there for the rest of his very distinguished career. Roy made rapid progress through the academic ranks, becoming Professor and Head of the Department of Oral Medicine and Periodontology in 1968. In 1969, he took over the mantle of the Dean of Dental Studies from Geoffrey Slack and carried out those duties with great distinction for six years. From 1986-94, Professor Duckworth was Dean of the Medical College at a time of great change when a clear mind and steady hand at the helm were essential.

Outside The London, Roy made many significant contributions to the profession. He was elected Dean of the Faculty of Dental Surgery of the Royal College of Surgeons in 1983, and also held office at various times as President of the British Society of Periodontology,

the British Society of Oral Medicine, and the British Dental Association in 1990. He served on numerous important committees and advisory bodies, both nationally and internationally, and was Editor of the International Dental Journal for many years. Professor Duckworth's outstanding contributions were very deservedly recognized by the award of the CBE in 1987. It was highly appropriate for Roy to be one of the first recipients of the Geoffrey Layton Slack Medal, since he was a patient of Geoffrey prior to taking up dentistry as a career. For those who have had the privilege of working with Roy Duckworth over the years, he remained above all a good friend and a respected colleague.

Covid-19: WHO Convenes Fifth Meeting of Emergency Committee



World Health Organization

The fifth meeting of the Emergency Committee convened by the WHO Director-General under the International Health Regulations (IHR) (2005) regarding the coronavirus disease (Covid-19) took place on 29 October. Proceedings of the meeting: Members and advisors of the Emergency Committee were convened by videoconference. The Director-General welcomed the Committee, highlighted global advances and challenges in addressing the Covid-19 pandemic, and expressed his appreciation to the Committee for their continued support and advice. Representatives of the legal department and the Department of Compliance, Risk Management, and Ethics (CRE) briefed the members on their roles and responsibilities. The Ethics Officer from CRE provided the Members and Advisers with an overview of the WHO Declaration of Interest process. The Members and Advisers were made aware of their individual responsibility to disclose to WHO, in a timely manner, any interests of a personal, professional, financial, intellectual or commercial nature that may give rise to a perceived or direct conflict of interest. They were additionally reminded of their duty to maintain the confidentiality of the meeting discussions and the work of the committee. Each member who was present was surveyed and no conflicts of interest were identified. The Secretariat turned the meeting over to the Chair, Professor Didier Houssin. Professor Houssin also welcomed the Committee and reviewed the objectives and agenda of the meeting. The WHO Assistant Directors-General for Emergency Response and for Emergency

Preparedness and International Health Regulations provided an overview of the current context and an update on the implementation of the 1 August 2020 Temporary Recommendation. WHO continues to assess the global risk level of the Covid-19 pandemic as very high. The Committee expressed strong appreciation for WHO's leadership and activities throughout the global response. In particular, the Committee appreciated WHO's critical role in developing evidence-based guidance and recommendations; providing countries with technical assistance and operational support; communicating clear information and addressing misinformation; and convening the Solidarity Trials and the Access to Covid-19 Tools (ACT) Accelerator. The Committee commended WHO's sustained efforts to strengthen national, regional, and global responses to the Covid-19 pandemic. After ensuing discussion, the Committee unanimously agreed that the pandemic still constitutes an extraordinary event, a public health risk to other States through international spread, and continues to require a coordinated international response. As such, the Committee considered the Covid-19 pandemic to remain a public health emergency of international concern and offered advice to the Director-General. The Director-General determined that the Covid-19 pandemic continues to constitute a PHEIC. He accepted the advice of the Committee to WHO and issued the Committee's advice to States Parties as Temporary Recommendations under the IHR (2005). The Emergency Committee will be reconvened within three months, at the discretion of the Director-General. The Director-General thanked the Committee for its work. For further Reference visit: [https://www.who.int/news/item/30-10-2020-statement-on-the-fifth-meeting-of-the-international-health-regulations-\(2005\)-emergency-committee-regarding-the-coronavirus-disease-\(covid-19\)-pandemic](https://www.who.int/news/item/30-10-2020-statement-on-the-fifth-meeting-of-the-international-health-regulations-(2005)-emergency-committee-regarding-the-coronavirus-disease-(covid-19)-pandemic)

Sir Syed Holds Lecture on Restorative Dentistry Importance



Recently a lecture was held on 2nd November 2020 at Sir Syed Dental College organized by prominent dental surgeon and academician Dr. Zain Rauf on the effects of occlusal reduction on post operative pain after root canal treatment of teeth with irreversible pulpitis in clinical practice. The Principal (Dental) Prof Dr. HR Sukhia speaking on the occasion highlighted the advantages of root canal treatment and success of orthodontic braces on root canal treated teeth. The main speaker on the occasion, Dr. Zain Rauf, has 10 years of clinical and academic experience, and is a well-known private practitioner in Karachi. The importance of restorative dentistry in clinical practice was emphasized amongst the dental participants. Furthermore, the main aim of the lecture was to create awareness and promote restorative procedures in hospital and private clinical practice. The Sir Syed Administration greatly appreciated the efforts of the dental faculty in promoting medical and dental education seminars in the college.



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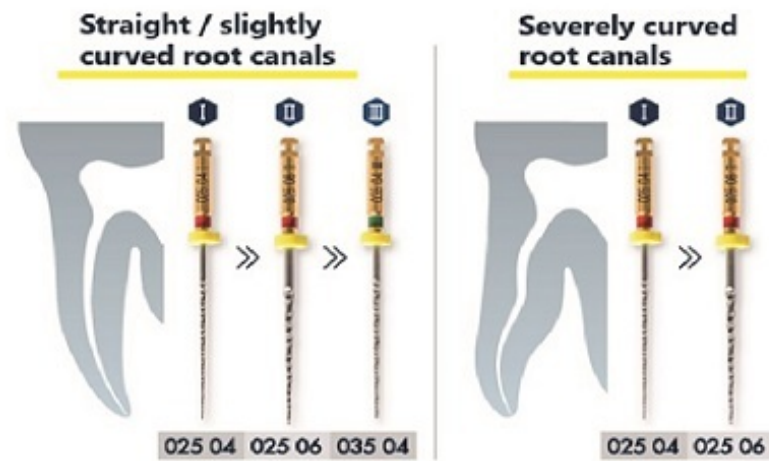
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	035	.04		
	040	.04		
	045	.04		
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	025	.06		
	030	.06		
035	.06			
Individual Pack				x3

*Orifice Opener is available only in 18mm

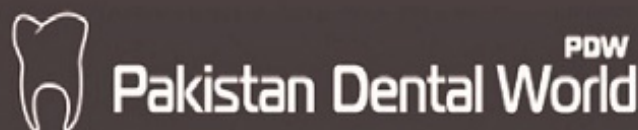
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What Is the Importance of Dental Aesthetics In Day to Day Life

Dr. *Maria*
YOUSUF

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The role of dental aesthetics is to cover functional, social, physical and psychological aspects.

1. Functional Aspects:

When it comes to function, the primary role of dental treatment is always to achieve a set of teeth which allows you to eat without

any difficulty in chewing.

2. Social Aspects:

When it comes to social aspects then many times when you improve your smile and you facial outlook your confidence level also increases.

Just like you feel very nice and satisfied by looking at yourself early in morning, an apt smile and a good facial profile gives you a better acceptance in society too. Whether it come to going for a job interview or you are an entrepreneur, running your own business a good profile and an outlook will always make an impact and a positive impression. In our society we usually invest a lot into expensive attires but never focus on to that one thing which is missing, what we usually lack in making that impact we desire. Just like the way you talk, the way your natural gait is that will always have more of an impact and people will always judge you by that, if you focus more onto making your natural appearance better at the end of the day you have that secret ammunition called "Beauty" which will be a much better investment which you carry with yourself to work every day, to schools, universities and to different events, meetings and every walk of life you cross.

3. Psychological Aspects

Why aesthetics has a psychological impact is because if at the end of the day you are rejected at schools, interviews or being bullied for a deformity like extremely crooked teeth or uneven size of lips or facial symmetry or jaws being disproportionate that has a very negative impact on your personality which can lead to self-rejection + depression.

You start shunning society and it always has that impact on you that no matter what knowledge you have or what you wear you fail to make that impact which is desired due to natural lack of beauty which enhances your personification and gives you a groomed look.

4. Physical impact:

When it comes to physical impact the aim of aesthetics in dentistry is to blend different treatment modes starting from least invasive ones and also replacing

surgeries etc with camouflage.

We blend in buildups which is a work of art by itself to reshape or buildup your teeth to desired size, form and to some degree alignment also.

Then comes veneers which are lamination or facings which we use to give you that picture perfect smile which you desire.

To cover up for gummy smile or uneven size of lips, an impropionate facial profile, we make use of different aesthetic tools like Botox and fillers.

Then sometimes your profession might require you to focus more on your facial outlook or personification like you are into media sector or marketing sector to come on air or to sell your products you need to maintain your facial profile to the optimum. You could be a model where you need to maintain your facial profile to the optimum. Or where you need to fight signs of aging, while not overdoing or over using fillers to give overly filled ballooned up appearance, which normally does give a very discouraging upfront picture of fillers to people from other walks of life. So a balanced look to enhance certain features whilst maintaining Naturalist youthful appearance is working of an aesthetician. Many times if you feel that due to ageing you can see jowls hanging out and around your chin area, again according to extent of sagging with age, either Botox, fillers or thread lifts can help you achieve a well-defined jaw line which you had.

Other common issues usually faced are appearance of crow's feet around the eyes and fine lines and wrinkles, which you notice, a more pronounced scorn or deep laugh lines etc which might be giving you a worn off look.

You avoid the treatment Cause our general concept is that surgery might be required for these problems, fat reduction bone reshaping surgically done enhances our fears and we don't address these issues due to apprehension of long hours spent in surgery and recovery etc. Now dental aesthetics might require a combination of number of these procedures like cosmetic buildups, esthetic crowns, bridge, implants orthodontic treatment, clear paths, Botox, fillers, IPRF and other procedures, which can be used either alone or in combination required to achieve that final impact in society and always remember this investment that you make is going to be a long term one to help you achieve that perfect smile + look which will always create a positive impact on yourself 1st then in your respective fields and that smile will stay with you on every occasion and every meeting. So basically with advent of modernization and globalization when consciousness prevails in today's world, aesthetics+ dentistry meet hand in hand to boost your self-confidence.

So hopefully this article would be helping you in answering your queries and understanding the role of esthetics in dentistry to help you achieve that appearance you desire whether for self-confidence or recognition and fame or for your respective profession.

NIDS BRINGS C-ENDO IN THE ERA OF THE NEW



NIDS commences its fourth certificate course of endodontics for general practitioners. In light of the COVID situation they are taking all

precautionary measures. Director NIDS, Prof Dr Asaad Javaid kicked off the workshop with sharing his knowledge and experiences on endodontics and its complications.

Dr Obaidullah Shams lectured on the basics of microscopic and conventional endodontics and the importance of mastering this art.

The participants were engaging and interacting throughout the session with the speakers. Hands-on workshop on access opening was conducted by the esteemed speakers and with support of the NIDS team including Dr Maaz Asaad, Dr Kelash Kumar and Dr Shehryar Hameed Siddiqi. Furthermore, the session was well timed and had an extensive QnA Session. To conclude,



the participants gave a very positive feedback and ended the eagerly waiting for the next session.



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- 14th March 2021** Augmentation
- 28th March 2021** Restorative phases and Impression techniques
- 11th April 2021** Removable and Fixed Restorations

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- Hi-Tea and one on one session with Speakers.

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Prof. Navid Rashid Qureshi
BDS, MSc (Leeds), FDSRCS (UK)
Consultant Dental Surgeon
Principal Liaquat College of medicine and the Dentistry/Darul Sehat Hospital



Prof. Kashif Naqvi
Oral Maxillofacial Surgeon
Hamdard University Dental College and Hospital



Dr. Sameer Quraeshi
MSc Prosthodontics
Associate Professor and Head of Prosthodontic Department
Fatima Jinnah Dental College



Dr. Mohammad Wasay Latif Sheikh
FCPS Oral & Maxillofacial Surgery
Assistant Professor,
JMDC/Medicare Hospital.



Dr. Daud Sultan Mandokhail
BDS FCPS (OMFS)
Assistant Prof. (OMFS)
DIKIOHS/DUHS



Dr. Momina Abbasi
Co-Founder & Course Designer
Continuous Professional Development

DENTAL HEALTH

Lecture and Hands-on Training
KIPRS
Karachi Institute of Physiotherapy and Rehabilitation Sciences
Plot #11-M, Block 06 P.E.C.H.S. Karachi.

Implant Placement on patient
Mustafa Dental Hospital
Suite # 16, 1st Floor, Al Syed Arcade,
Gulshan e Iqbal, Block 5, Karachi.

Timings:
10:00am-2:00pm
Alternate Sundays



2nd UHS International Dental Conference
 Redefining Trends in Dentistry
 27th - 29th November, 2020
 Pre-Conference **3D/CAD CAM**
 Clear Aligner Technology Training Course / Workshop



Venue: UHS, Lahore Date: 26th Nov, 2020 Timings: 10:00am to 4:30pm

ClearPath Orthodontics in collaboration with University of Health Sciences Lahore, present its 40th training and certification course in Pakistan. A great opportunity to learn about CAD-CAM 3D-Aligner technology for aspiring dentists and dental professionals to excel in the field of modern dentistry.

**Under the Patronage of
 Professor Javed Akram**
 Vice Chancellor UHS

**Course Facilitator
 Dr. Waqas Wahab**

International Speaker & Trainer on Clear Aligner Therapy
 Key Opinion Leader (KOL) - Henry Schein Orthodontics

Course Outline

Lecture / Q&A Sessions

- Evolution of Aligners
- Biomechanics & Force Delivery with Aligners
- Case Selection parameters
- ClearPath Orthodontics & ClearPath Systems
- Submit a case with ClearPath
- Reviewing ClearPath digital setup
- Monitoring Aligner patients & patient care instructions
- Elastic Button technique
- IPR & PVS Impression techniques

Hands-on

- Latest Intraoral Scanning system
- Inter Proximal Reduction (IPR)

Latest Intraoral Scanning system



**3D
 Printer**

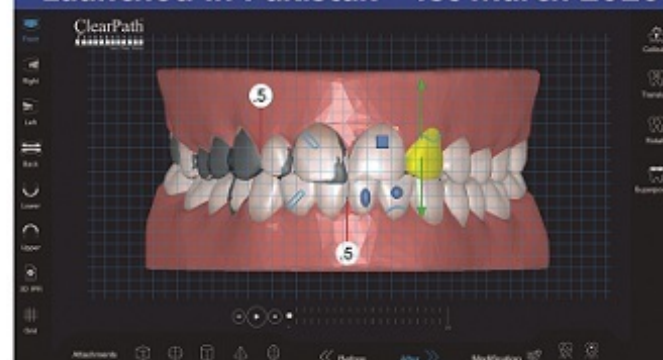
What's New!

Demonstration on
 "Intra-Oral" Scanning

Intro to "Attachments"
 for advance treatments

Introduction to CP Smart
 (New interactive 3D software)

CP SMART 3D Software Launched in Pakistan - 1st March 2020



FEATURES

- User-friendly
- Displays every step
- Digital modifications
- Collisions
- Superimposition
- Attachments
- Slits and cutouts
- IPR markings
- Smart link
- Grid

Course Organizer:

Asst. Prof. Dr. Sarah Ghafoor
 HOD Dental Department UHS Lahore

For registration & details contact:

0347 3730331

0347 3730332

0345 8213730



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PDW
Pakistan Dental World

Gutta Percha Points .04 .06 Taper

Available Sizes

Size	Gutta Percha Points .04 Taper	Gutta Percha Points .06 Taper
SP-60		
#15	C159-S603	C159-S603
#20	C159-S604	C159-S604
#25	C159-S605	C159-S605
#30	C159-S606	C159-S606
#35	C159-S607	C159-S607
#40	C159-S608	C159-S608
#45	C159-S609	C159-S609
#50	C159-S610	C159-S610
#55	C159-S611	C159-S611
#60	C159-S612	C159-S612
#70	C159-S613	C159-S613
#80	C159-S614	C159-S614
#15/40	C159-S691	C159-S691
#45/80	C159-S692	C159-S692



Size vs Color Chart

15	45
20	50
25	55
30	60
35	70
40	80

Package Information
 • SP 60 Slide Package
 One hand slide open lid
 Box dimension:
 70 x 13 x 45mm(W x H x D)

Absorbent Paper Points .04 .06 Taper

Available Sizes

Size	Absorbent Paper Points .04 Taper	Absorbent Paper Points .06 Taper
SP-60		
#15	C259-S603	C259-S603
#20	C259-S604	C259-S604
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#30	C259-S606	C259-S606
#35	C259-S607	C259-S607
#40	C259-S608	C259-S608
#45	C259-S609	C259-S609
#50	C259-S610	C259-S610
#55	C259-S611	C259-S611
#60	C259-S612	C259-S612
#70	C259-S613	C259-S613
#80	C259-S614	C259-S614
#15/40	C259-S691	C259-S691
#45/80	C259-S692	C259-S692



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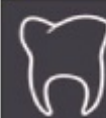
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**GUTTA PERCHA & PAPER POINTS
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PDW
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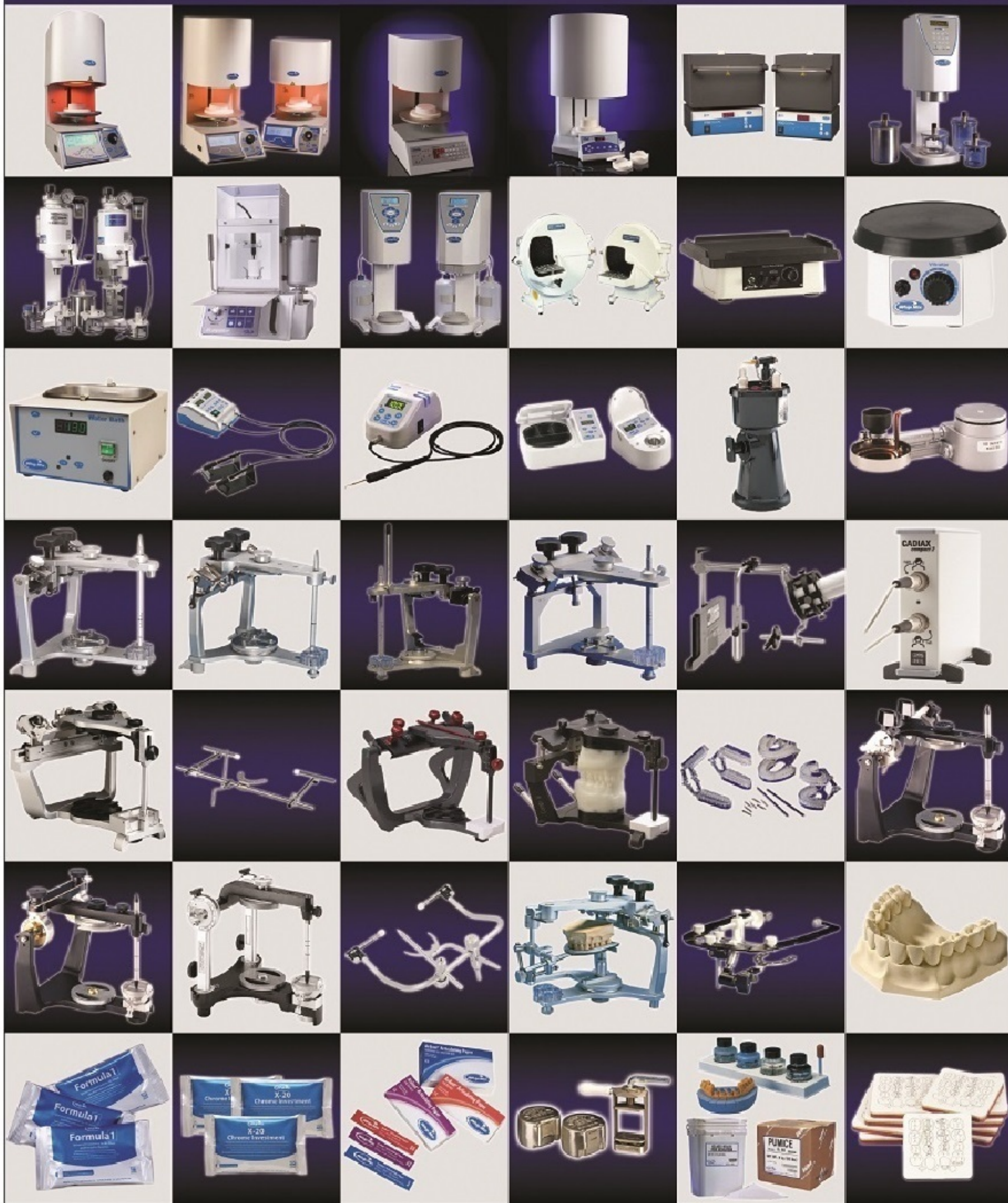
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